



Packing list for Varanger Arctic Kite Enduro 2025¹

For VAKE to be as safe as possible for the teams, the packing list is essential.

This list includes the items you **must** have – and the items you *should* have. You are also allowed to bring more stuff than listed here 😊

The mandatory equipment must be presented at the check-in desk in Berlevåg before the race. Your equipment might also be weighed and controlled at any checkpoint and at the finish.

Lack of mandatory equipment will lead to a penalty given by a jury or exclusion from VAKE. Teams are not allowed to leave behind or pick up equipment during the race.

Lower weight limit

There is a lower weight limit per team.

The total weight of your sleds and backpacks combined should be no less than **38 kilos** at the start.

This includes:

- the equipment you bring that will be unchanged during the race (tent, sleeping bags, camping gear ++)
- all food and fuel – including your emergency food and fuel.

Lower weight limit DOES NOT include:

- Water reserves
- Skis/skins, extra skis for touring, ski boots
- Kites, harnesses
- Helmets and the clothes you wear at the start.

¹ May be altered, but within reasonable time before the competition.



Mandatory equipment

Mandatory equipment for each team:

- At least 1 pulk or sled. We recommend using rigid fixation (rigid drag).
- Expedition or 4-season tent (designed for winter use and strong winds). The tent must be classified specifically by the manufacturer as 4 season or expedition tent.
- 2 stoves / multi-fuel burner with repair kit. (One for main use, one for backup)
- 1,5 liters refined gasoline or 2 large (450 grams) canisters of primus gas.
- Cooking equipment, pans.
- 1 Thermos of minimum 0.7 liters (water bottle with insulation is not a thermos)
- Matches in waterproof packing
- 1 signal Pen with red flares
- 1 GPS receiver with batteries for 5 days use
- 1 PLB satellite tracking device (provided by VAKE)
- Waterproof map folder
- Maps of the area (provided by VAKE)
- 1 compass
- 1 pencil and notepad
- Sanitary equipment (soap, toilet paper etc.)
- 2 ropes with a minimum length of 10 meters each, minimum 6 mm thick
- 1 leatherman or similar multitool
- Sunscreen

Reserve supplies / emergency pack for the team – emergency use only:

- 6 dinner rations of drytech food.
- 1 litre of refined gasoline on separate bottle(s) or 1 large (450g) canister of primus gas

Mandatory equipment for each participant:

- 1 touring backpack
- 1 first aid kit, one-man pack, including pain relievers (to be kept in the backpack)
- Mobile phone, fully charged, in waterproof container, with charging cable/adaptor for 220v
- Kites/sails with safety release. No limit on numbers and sizes. **NB!** Line length is



max 50 meters (from bar to bridle attachment points)

- Harness
- Skis (Randonne / telemark / alpine with walking function (snowboard is not allowed))
- Skins or additional skis for touring
- Ski poles
- Helmet
- Goggles / sunglasses with UV protection
- Knife / line cutter (within reach on harness, jacket or shoulder straps)
- 1 headlamp / flashlights with extra batteries
- Winter Sleeping bag with MINIMUM comfort temperature of -15/-7 C (men/women, ref. EN 13537)
- Sleeping mat for winter conditions
- 1 thermobag/windsack
- 1 snow shovel
- Water bottle or camelback

Food supplies (each)

- 5 breakfast rations (for example bread, müsli, pasta)
- 5 lunch rations
- 5 dinner/supper rations (drytech or similar)
- Snacks, bars

Clothing (each)

- 3 layers – Inner layer: Wool – Mid layer: wool/fleece – outer layer: Windproof / waterproof shell clothing (jacket / trousers)
- Windproof/ warm gloves or mittens
- Windproof hat /Balaklava / neck
- Down jacket
- Extra clothing: At least **one complete set** of extra wool first layer (shirt, pants and socks)



Recommended equipment

Recommended equipment for each team:

- VHF radio / walkie talkie
- Sports tape / band aid for blisters
- Candle
- Ski wax/glider
- Various equipment to repair: Spinnaker tape - needle / thread, extra kite lines, steel wire (for fixing bindings, sled and so on), various tools / duck-tape/ repair tape, thin rope

Recommended equipment for each participant:

- Avalanche probe
- Avalanche transceiver
- Extra boots (waterproof / warm)
- Back protection
- Knee pads
- Waterproof packing bags (for clothing)